

# S.M.A.R.T. NEWS

A Saint Mary's Youth Newsletter | [Youth.icStMary.org](http://Youth.icStMary.org)

**DEAR FRIENDS,**  
**by Patti McTaggart**

IF ANYONE SERVES ME, HE MUST FOLLOW  
ME; AND WHERE I AM, THERE WILL MY  
SERVANT BE ALSO. IF ANYONE SERVES ME,  
THE FATHER WILL HONOR HIM...  
.JOHN 12:26

As we enter the liturgical season of Lent, I thought I would share this poem with you. It is certainly something for all of us to reflect upon:

You asked for my hands that you might use them for your purpose. I gave them for a moment, and then withdrew them for the work was hard. You asked for my mouth to speak out against injustice. I gave you a whisper that I might not be accused.

You asked for my eyes to see the pain of poverty. I closed them, for I did not want to see. You asked for my life that you might work through me. I gave a small part that I might not get too involved.

Lord, forgive my calculated efforts to serve you only when it is convenient for me to do so, only in those places where it is safe to do so, and only with those who make it easy to do so.

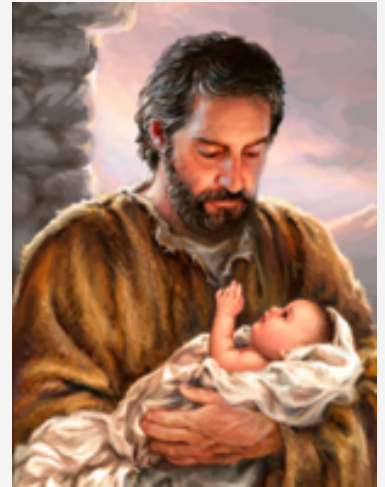
Lord, forgive me, renew me, send me out as a useable instrument that I might take seriously the meaning of your cross.

## MARCH - UPCOMING EVENTS

March 3	Stations of the Cross	5:30PM
March 10	Stations of the Cross	5:30PM
March 17	Stations of the Cross	5:30PM
March 17	Feast of St. Patrick	
March 19	Feast of St. Joseph	
March 24	Stations of the Cross	5:30PM
March 25	Feast of the Annunciation	
March 31	Stations of the Cross	5:30PM

# NOTE:

One of the special patron saints of religious and priestly vocations is St. Joseph, the faithful spouse of the Blessed Virgin Mary and the foster father of Jesus. The reason for this is founded in his primary vocation in life, which was to watch over and to protect the Blessed Virgin Mary and, our Savior, Jesus. During this month of March, with the Feast of St. Joseph on March 19th, let us pray to St. Joseph for an increase in vocations to the priesthood and religious life. God may be calling you!



## APRIL - UPCOMING EVENTS

April 1/2	PALM SUNDAY	5:00PM, 8:30AM, 10:30AM
April 3	Chrism Mass in Davenport	4:00PM
April 6	HOLY THURSDAY	7:00PM
April 7	Morning Prayer	9:00AM
April 7	GOOD FRIDAY	3:00PM
April 8	Morning Prayer	9:00AM
April 8	HOLY SATURDAY	8:30PM
April 9	EASTER SUNDAY!	8:30AM and 10:30AM

## CHRISM MASS

On Monday, April 3rd, 2023 the Chrism Mass will be celebrated at Sacred Heart Cathedral in Davenport at 10:00AM. At this Mass, the sacred oils will be consecrated by our bishop. Any youth who would like to attend this Mass should contact Patti at 330-0841 or 337-4314 as soon as possible. You will need to miss a day of school. We will arrive home at around 2:30-3:00PM. P.S. It's a GREAT experience!

**CONGRATULATIONS TO THE FOLLOWING ST.  
MARY'S YOUTH WHO RECEIVED THE SACRAMENT OF  
CONFIRMATION ON SUNDAY, FEBRUARY 19TH, 2023  
AT 2:00PM BY BISHOP THOMAS ZINKULA.  
MAY THE HOLY SPIRIT CONTINUE TO GUIDE EACH  
OF YOU THROUGHOUT YOUR LIVES...**

## **ST. MARY'S 2023 CONFIRMANDI**

**(The names appearing in parenthesis are the chosen Confirmation names)**

**Ethan Beard (Sebastian) - receiving at St. Pat's in April**

**Caitlyn Bell (Ava)**

**Andrea-Joyce Gaglozou (Gianna Molla)**

**Laird Holden (Juan Diego) - receiving at St. Pat's in April**

**Noah Horner (Sebastian)**

**Ellie Johnson (Cecilia)**

**Addy McEleney (Veronica)**

**Riley Polfliet (Teresa)**

**Noelle Schnoebelen (Therese)**

**Conall Smith (John Bosco)**

**Margaret Sueppel (Monica)**

**Paul Tran (John Paul II)**

**James Whisler (John Henry Newman)**

**Evan White (Stephen)**

# CHRISTIANS ARE CALLED TO FAST DURING LENT



On Ash Wednesday, Catholics receive the sign of the cross on their foreheads. We are smudged with an ash-laden cross so that each of us might turn from all that is earthly, dark, and sinful and return to the Gospel of Life in this season of Lent. **Listed below are several forms of fasting:**

**Fasting From Food,** An empty stomach makes room way deep inside—room for God, room for prayer. Fasting then, does not just empty us out, but provides the space for quiet prayer when first we wake, for sharing with God the burdens of the day at noontime, and for resting in Him as the sun goes down.

Do I pray every morning and noontime and at night? Do I ask God's help in the heat of the day? Do I ask forgiveness for my sins before I sleep and rest in God's care through the night? Do I pray before meals, even in restaurants or at the drive-through? Do I provide an example of prayer for others? Do I pray for those who hurt and offend me, as well as my friends? Do I thank God for all the good things He brings my way and seek His merciful love for my sins?"

**Fasting From Sin,** Lent is a time of fasting from sin.

When was the last time I went to confession? When was the last time I really looked deep inside and admitted that secret sin? When was the last time I trusted God enough to ask Him to cleanse me from the inside out?

**Fasting From Ignorance,** Lent is a time of fasting from ignorance as well. It's a time to begin again to read the bible and listen to what God is telling me He wants me to do.

Do I take time to study my faith, read the catechism, hear my bishop and his priests, and seek to truly be a man or woman of the Church?"

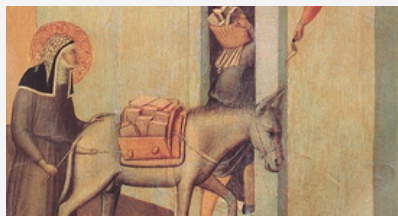
**Fasting From Violence,** Lent is a time to fast from violence and to witness 'the peace the world cannot give.'

Do I avoid not just the violence of hands, but also the cruel words born of angry hearts? the thoughtless gossip of jealous ambition, and the idle sarcasm which refuses to care?

**Fasting From Apathy,** Lent is a time to fast from the apathy which refuses to use the gifts God has given us.

Can I get involved in parish work in living the Gospel, in advocating the Catholic passion for social justice, in supporting the poor, the widow and the orphan, and in defending the inalienable right to life of even the most defenseless human being?

**Father James Moroney, 2002.**



# SAINT HUMILITAS

March 1226 - May 1310 | Written by: **Ava Garcia**

Saint Humilitas was born Rosanna Negusanti to a noble family from Faenza, Italy. She was married at the age of fifteen to a nobleman named Ugoletto (Ugonotto) dei Caccianemici (d. 1256). She bore two children, both of whom died in infancy.

In 1250, Ugoletto became a monk upon recovering from an illness that nearly killed him. Rosanna entered the same double monastery of canonesses named Saint Perpetua, near Faenza, becoming a nun and taking the name Humilitas. She became an anchoress in a cell attached to the Vallumbrosan church of Saint Apollinaris in Faenza, where she lived as a hermit or recluse for twelve years.

However, at the request of the abbot-general she founded a Vallumbrosan monastery (which became called Santa Maria Novella alla Malta) outside Faenza and became its abbess. Blessed Margherita became one of her disciples.

In 1282, she founded a second convent at Florence, dedicated to Saint John the Evangelist, where she died in 1310 of natural causes. She left a number of mystical writings. She is most known for composing and preaching nine Latin sermons, and for writing Lauds to the Virgin Mary in verse. She was canonized on 27 January 1720 by Pope Clement XI. Her feast day is celebrated on March 22nd. The relics of Humility and her disciple Margherita are venerated at the convent of Spirito Santo at Varlungo near Florence.